

Annex 06: Jorkyball basic rules

Court Dimensions. Length: 980 cm.; Width: 480 cm.; Roof Net – Height: 270 cm. Approved JIF courts may have alternative dimensions on a range of 15% plus/less the above described dimensions.

Court Markings. The court is divided into 2 equal halves by a continuous line called the half-way line. Inside each half of the field there are 2 additional lines:

- a line at 120 cm. from the half-way line delineates the "contact area"
- a line at 100 cm. from the goal line delineates the "throw-in area"

The Goals. The goals consist of two opening which are squares with a 110 cm long side, positioned at the centre of the shortest walls of the court.

- **1.** Each match is played between two teams made up of 2 players each and 1 or 2 reserve players; reserve players are substituted only at the beginning of a set or in case of an injury.
- **2.** Each match consists of the best of 3 sets, with the winner of each set being the first team to score 7 goals.
- **3.** Each team is made up of a forward and a back, who are appointed at the beginning of the match. At the end of each set the roles have to be reversed; it is not possible to change roles during the set.
- **4.** The forward may move on the whole field except for the opposite throw-in area; the back may not cross the half-way line, unless he spots the ball in his own midfield. In this case, he may move even inside the opposite "contact area".
- **5.** The draw will decide who begins the match. When a goal is scored, the team who has scored the goal does the throw-in. The ball has to be put in the throw-in area and must be kicked by the back; at the moment of the throw, all players will have to be in their throw-in area; hence, the kick is valid only if the ball crosses the half-way line.
- **6.** When a player makes one of the following fouls...
- Crosses the opposing team's throw-in area, if forward
- Crosses the half-way line, if defender (unless he spots the ball in his own midfield area)
- Raises a leg over the waist
- Stops the ball for more than 1 second
- Goes in from the back or glides, even on the ball, or puts a knee or a hand on the ground
- Plays the ball in his own defender box for more than 7 seconds (and in his own midfield area, 12 seconds)
- Constantly lowers his shoulders below the crossbar line of the goal (this is only allowed when the opposite team is shooting to score)



... the opposing team is granted a free throw from the half-way line; the free throw is always kicked by the forward. The opposite back may defend his goal staying in front of the throw-in line with his heels on the line itself. The other players have to stay behind the one who kicks. The kicker may have at maximum 1 foot after the end of the contact area (is strictly forbidden to "run" from our proper goals in order to shot the free-kick).

- 7. When a player makes one of the following fouls...
- Involuntarily touches the ball with his hand
- Voluntarily makes a dangerous foul
- ...the opposite team is granted a penalty from the line that ends the central area, with the same rules as for a foul described above.
- 8. When a player makes one of the following fouls...
- Voluntarily touches the ball with the hands
- Involuntarily touches the ball that's entering the goal with his hands
- Makes a flagrant foul
- ... the opposite team kicks until a goal is scored (up to 3 penalty kicks). Following:
- 9. A yellow Card = 1 goal for the opposite team
- 10. A red Card = 1 winning set for the opposite team; if there is not a reserve player, the match is lost

FAIR PLAY SPECIFICATIONS

Fair-Play is the Jorkyball main rule. Respect towards other players, referees and spectators are the main criterias to be part of Jorkyball and JIF community

- 11. In the court, players are not allowed to shout or clap hands to call the ball
- 12. The players will have to control their physical strength

For the complete "Rules of the Game" ask to info@jorkyball.org

